

# OPPORTUNITIES AND CHALLENGES FOR CLINICAL RESEARCH WITH ELECTRONIC HEALTH RECORDS

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# WHY WE WANT TO USE EHRs FOR CLINICAL RESEARCH

- Data readily available
- Often 100,000's of Patients
- Information collected over a variety of fields
- Can study just about any clinical outcome
- Representative Population

# WHAT WE CAN DO WITH ELECTRONIC HEALTH RECORDS

## 1 Risk Prediction

- Near term prediction - *Risk of inhospital sepsis*
- Long(er) term risk - *30 Day Revisit*

## 2 Population Health

- Health Service Utilization - *Assessment of high utilizers*
- Disease Epidemiology - *Experience of incident diabetes in Durham County*

## 3 Comparative Effectiveness Research (CER)

- Retrospective Studies - *Assessment of community intervention for diabetics (SEDI)*
- Prospective Studies - *Point of care randomization*

## 4 Association Analyses

- Risk factors for disease - *Phenome Wide Association Studies*
- Data mining - *Drug-Drug interactions*

# WHY WE MAY *Not* WANT TO USE EHRs FOR CLINICAL RESEARCH

## DATA ARE NOT COLLECTED FOR RESEARCH

- Data exist in disparate places
- All patients have different pieces of information
- Observational Data

1 STRUCTURE OF ELECTRONIC HEALTH RECORDS

2 RESEARCH WITH EHR DATA

3 CONCLUDING THOUGHTS

# 1 STRUCTURE OF ELECTRONIC HEALTH RECORDS

## 2 RESEARCH WITH EHR DATA

## 3 CONCLUDING THOUGHTS

# THE EHR FRONT END: GETTING DATA IN

IMS (FOR, FamilyPractice) (Patient: CAFFEY, JENNET)

Action View Setup Activities Billing Reports Utilities Windows Help

Check In/Out  
Date: 04/23/11 Office: 0001 Pr: All

Appointments (04/23/2011)

Time	Provider	Appointment
08:00 A	Goodman, George	1. R 11:00
09:00 A	AARON, JOHN (9851)	2. R 12:00
10:00 A	BAARE, John (14033)	3. R 10:00
11:00 A	CAFFEY, JENNET (154)	4. R 12:45
11:30 A	OAKS, Merry (17110)	
12:30 P	SABADO, John (17502)	
12:45 P	IBARGUEN, Mike (7866)	

Appointments: 7 No Show: 3

Check Out - CAFFEY, JENNET (15401)

DOB: 10/22/1970 40 Yr 6 Mo Phone: (W) (H) (510) 555-4101  
Address: 456 E Groop Street Rogersville MD 65742 Race:  
Verify: system Date:  
Primary Doctor: HOLLOWAY, Christina  
Referral Doctor: Case: GENERAL 02 Autho. No.:  
Insurance ID Priority Start Date End Date Group No Copay S I  
P BC/BS OF MINNESOTA LT 5345345345 Primary 25 M

Send Inquiry Eligibility History P= Patient Ins. C= Case Ins. S= Insurance Card I= Insured By M= Missing V= View

Today's SuperBill: Copay (Collected \$25.00) Bal. 25.00 CR

CPT	Amount	Allow. Amt	Copay	Note
1. 93000 EKG ROUTINE	41.00	41.00	25.00	
	41.00	41.00	25.00	

Follow Up Note:  
Give Patient Education Handout - On the Printer  
Click here to set as Reminder  
Follow Up Appointment:  
2 Week(s) Follow Up Visit  
Click here to set as reminder  
Print Appointment Card:  
S Date Time Provider  
1. 05/07/2011 08:00 AM Goodman, George  
Select All Deselect All  
Click here to print appointment card

Options:  
Print VN - 1 letter(s), 2 careplan(s)  
Fax VN  
Prescription  
Follow Up  
Copay (Collected \$25.00)  
Fix Dispense  
Letter (Visit Note)  
Forms to be:  
Signed  
Filled  
Print/Scan

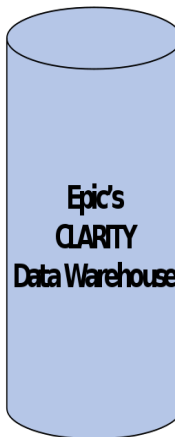
2 Careplan added  
Reminder  
Super Bill  
Lab Test  
Print Label

Walk In Chng Room  
Check Out Delete  
Move Up Move Down  
Copay Vitals  
Super Bill Print

Ready Start IMS (FOR, FamilyPrac... Desktop 4:23:11 21:40:13 9:40 PM

# DATA MOVE FRONT END TO DATA WAREHOUSE

The screenshot displays the Epic's CLARITY EHR interface. The top section shows patient demographics: DOB: 10/20/1970, Address: 456 E. Green Street, Responder: MD 55242, and Phone: (513) 555-4101. Below this, a list of appointments is shown, including a visit on 04/27/2011 at 10:00 AM with Dr. EADE, JOHN. The bottom section displays a table of charges, including CPT 93000 and 93037, with amounts and rates. The interface includes various navigation buttons and a sidebar with icons for different functions.



- Patient Demographics
- Encounters (Outpatient/Inpatient)
- Diagnoses
- Procedures
- Lab Results
- Medications
- Vital Signs
- Social History
- Radiological Results
- Clinician Notes
- Etc.





# CHECK THE BLIND SPOTS



- Data movement and curation requires decision-making.
- Decisions may not be easily accessible.
- Decisions may not be documented or documentation may not be made available.

# TURNING EHRs INTO DATA

The analysis pipeline and data platform

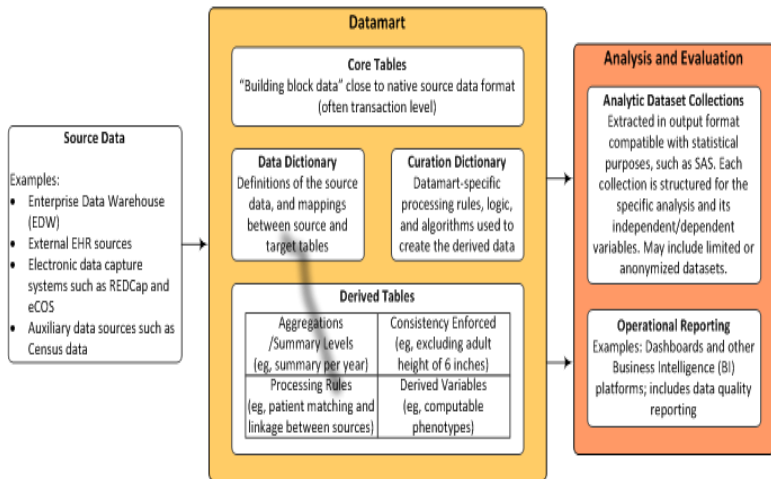


Figure 2. Datamart components and relationship to external systems and processes.

# DATA MARTS:

## STRENGTHS AND WEAKNESSES

- Strengths
  - Registry like
  - Multiple clinical subject areas for cohort
  - Regularly scheduled data refresh
  - Ideal For:** Posing variety of questions across subject area
- Soft Spots
  - More time and effort to create than data extract
  - Structure not easily adaptable
  - Data are fixed between refreshes
  - Not Ideal For:** Small, targeted analyses

# ADDING INFORMATION BACK INTO EHR

- Dashboards
- Best Practice Alerts
- Predictive Analytics
- Clinical trial recruitment (Snifters)

# DIFFERENT TYPES OF CLINIC ENVIRONMENTS

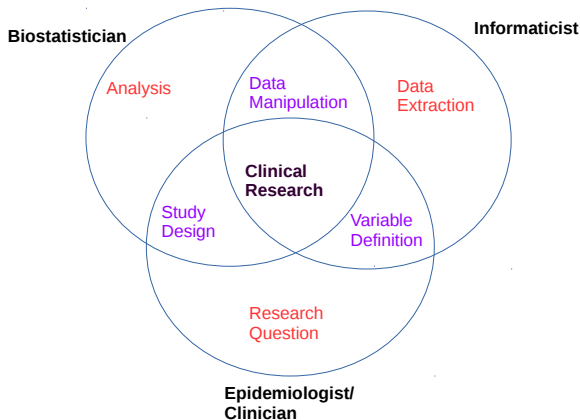
- Clinic Based System (e.g. Practice Fusion, Flatiron)
  - Capture Routine Care
  - Local Population
  - Misses inpatient activity
- Hospital Based System
  - Observe inpatient procedures and events
  - Only observe when sick
  - Referral hospitals may not represent local or stable population
- Comprehensive Medical System (e.g. VA, Kaiser)
  - Observe all types of patient encounters
  - May represent artificial population

1 STRUCTURE OF ELECTRONIC HEALTH RECORDS

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## Collaborative Clinical Research





# FOUR WAYS EHR DATA DIFFER FROM TRADITIONAL CLINICAL DATA

- 1 We don't have everything we want
- 2 Outcomes are not defined - need to phenotype data
- 3 Data irregularly and potentially densely observed
- 4 Data not observed randomly - Informed Presence

# MOST EHRs ARE INCOMPLETE

- Patients seek care at multiple facilities
- Missing information on when individuals are healthy
- EHRs don't always contain all the data you want

# LINKING EHR DATA

- Data from other facilities (PCORNet)
- Claims: Center for Medicare & Medicaid Services (CMS)
- Mortality: National Death Index (NDI) & Social Security Death Index (SSDI)
- Genetic Data
- GeoCode Information: American Community Survey (ACS)
- Personal Tracking Data: FitBit, sensors

20 / 50

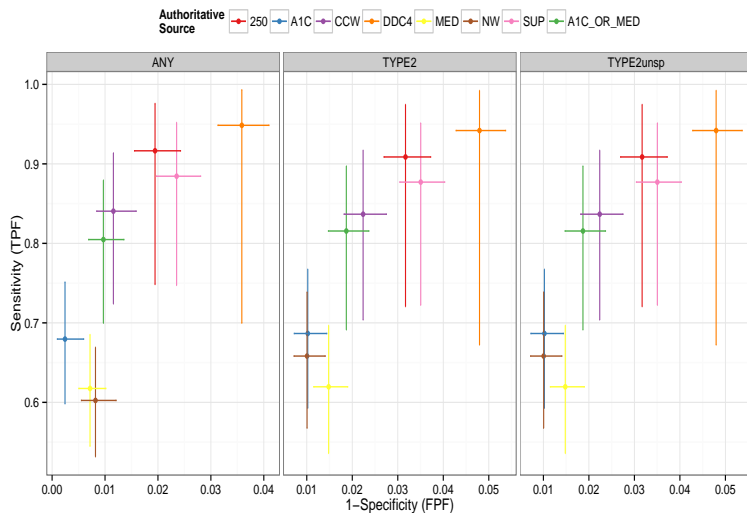
# ISSUES OF DATA DEFINITION: WHAT IS A DIABETIC?

	ICD-9 250.xx	ICD-9 250.x0 & 250.x2 (exclude type I)	Expand. ICD-9 (249.xx, 357.2, 362.0x, 366.41)	HbA1c	Glucose	Abnormal OGTT	Diabetes Meds
ICD-9 250.xx	X						
CMS CCW	X*		X*				
NYC A1c Registry				X			
Meds							X
DDC		X	X	X	X	X	X
SUPREME-DM	X*		X*	X	X	X	X
eMERGE		X*		X	X		X

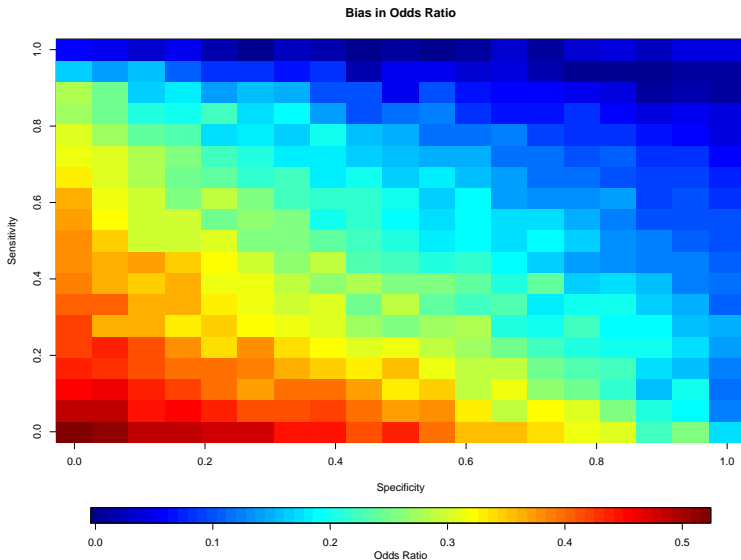
\* Distinction between Inpatient and Outpatient Visits

# DEFINITION DIFFERENCES

Diabetes Validation Results faceted by Endpoint



# IMPACT OF POORER DEFINITIONS



# ADDITIONAL PHENOTYPING CHALLENGES

- **Death:** Internal work estimates 20% capture of deaths
- **Disease Incidence:** Need to apply 'burn-in' periods
- **Censoring:** Need to apply 'burn-out' periods



# MULTIPLE MEASUREMENTS PER PERSON

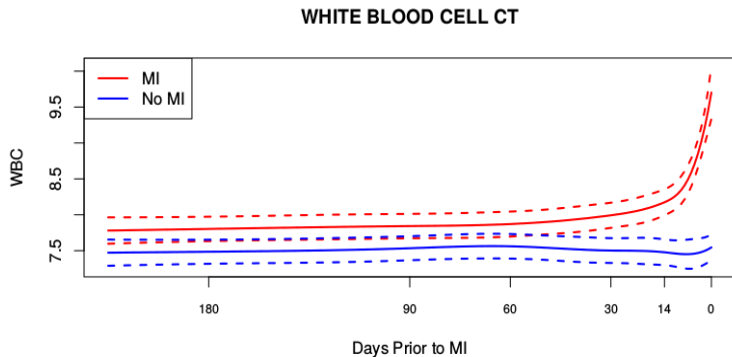
## OPPORTUNITIES

- Get to observe patient's evolving health status
- More frequent visits than a typical longitudinal study
- Denser visit information

## CHALLENGES

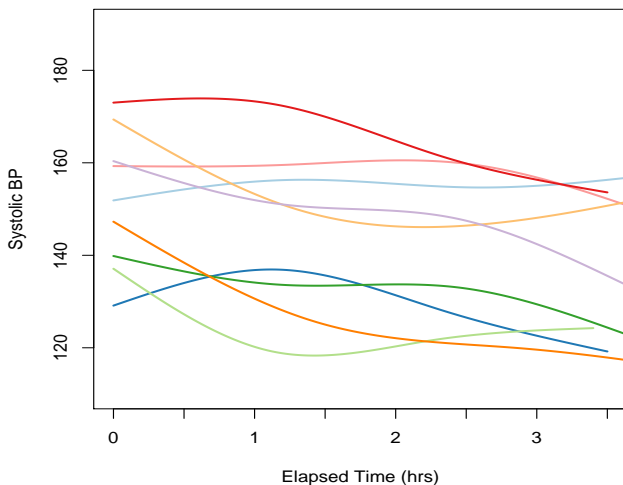
- Visits are irregularly spaced
- Different ways to aggregate
- Don't know what you are not seeing

# LOOK AT CHANGES OVER LONG PERIODS OF TIME...



# ...OR SHORT PERIODS OF TIME

**Individual Blood Pressure Curves**



# ANALYZING REPEATED MEASURES

## **Summarizing Data**

Mean/Median Values

Extreme Values

Variability

Number of Measurements

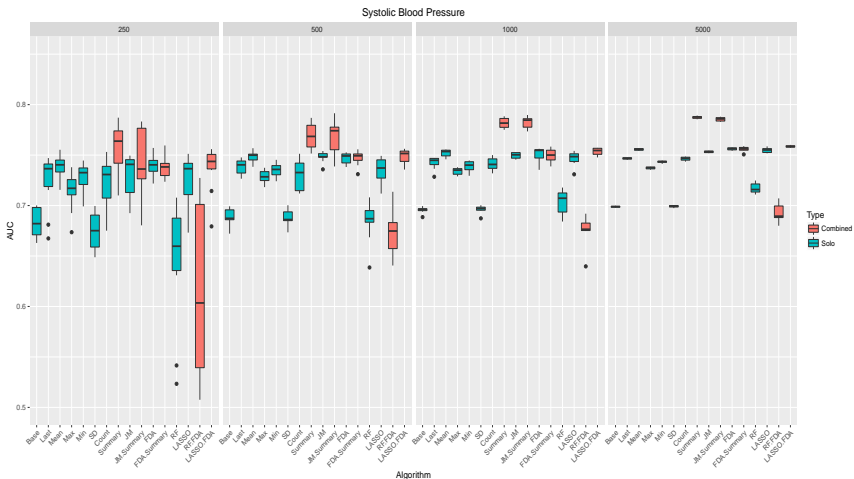
## **Modelling Progression**

Regression Splines

Functional Data Analysis

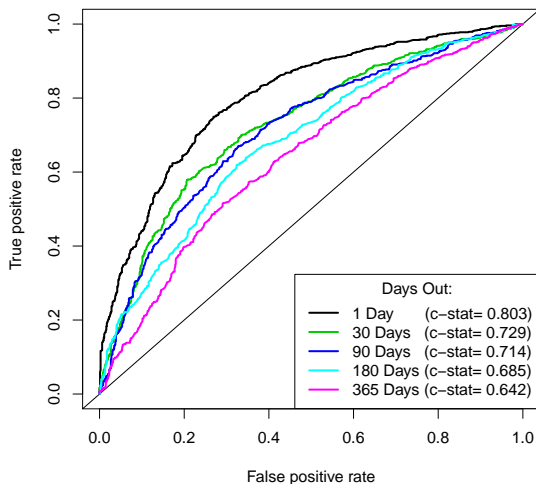
Joint Models

# SIMPLER METHODS OFTEN WORK BEST



# EHR DATA OPTIMIZED FOR NEARER TERM PREDICTION

## ROC Curves for Forecasting SCD



# TOP PREDICTORS

	1 Day	7 Days	30 Days
1	LabValue: Albumin	LabValue: Albumin	LabValue: Albumin
2	Pre Systolic BP	Pre Systolic BP	Pre Systolic BP
3	Pre MAP	Pre MAP	Lowest Systolic BP
4	Pre Pulse Pressure	LabValue: WBC	LabValue: Creatinine
5	LabValue: Hemoglobin	Medication Dose: Epogen	Pre MAP
6	Lowest Systolic BP	LabValue: Creatinine	Post MAP

	90 Days	180 Days	365 Days
1	LabValue: Albumin	LabValue: Albumin	LabValue: Albumin
2	Pre Weight	Pre Weight	Medication Dose: Epogen
3	Pre Systolic BP	Pre Map	Age
4	Pre Pulse Pressure	Post Weight	LabValue: Creatinine
5	Medication Dose: Epogen	Medication Dose: Epogen	Pre Systolic BP
6	Post Weight	Pre Systolic BP	Pre Pulse Pressure

# TOP PREDICTORS

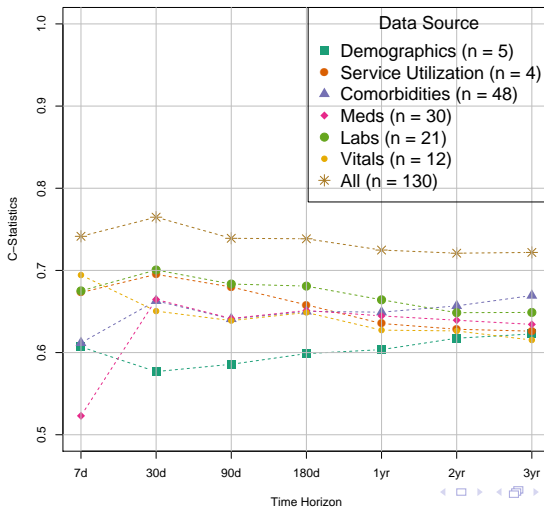
	1 Day	7 Days	30 Days
1	LabValue: Albumin	LabValue: Albumin	LabValue: Albumin
2	Pre Systolic BP	Pre Systolic BP	Pre Systolic BP
3	Pre MAP	Pre MAP	Lowest Systolic BP
4	Pre Pulse Pressure	LabValue: WBC	LabValue: Creatinine
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	90 Days	180 Days	365 Days
1	LabValue: Albumin	LabValue: Albumin	LabValue: Albumin
2	Pre Weight	Pre Weight	Medication Dose: Epogen
3	Pre Systolic BP	Pre Map	Age
4	Pre Pulse Pressure	Post Weight	LabValue: Creatinine
5	Medication Dose: Epogen	Medication Dose: Epogen	Pre Systolic BP
6	Post Weight	Pre Systolic BP	Pre Pulse Pressure



# DIFFERENT DATA ELEMENTS HAVE DIFFERENT PREDICTABILITY

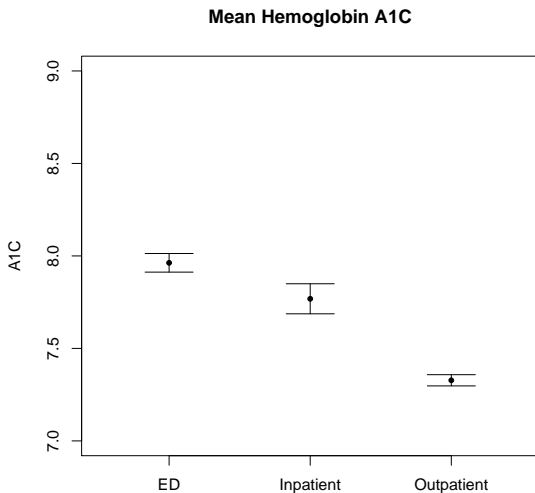
Predicting Death at Different Horizons  
With Different Data Sources



# BIASES IN EHRs: INFORMED PRESENCE

- We only see patients when they are sick
- We only see information that is deemed important
- Different environments have different policies

# INFORMED PRESENCE I: WHERE A PERSON SEEKS CARE IS INFORMATIVE



## LOCATION IMPACTS INFERENCE

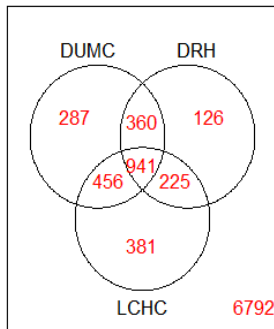
- Hazard Ratio for HgB A1C for time to Myocardial Infarction

Type	Hazard Ratio	P-value
Unadjusted	1.06 (1.01, 1.11)	0.026
Adjusted for Location	0.97 (0.92, 1.02)	0.178
OP Only	1.07 (1.00, 1.14)	0.044
ED Only	0.94 (0.89, 0.99)	0.022

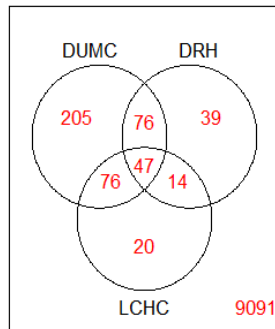
- Interaction between A1C and location

## INFORMED PRESENCE II: WHICH HOSPITAL A PATIENT USES IS INFORMATIVE

**Diabetes**  
**N=2,783**



**Cancer**  
**N=477**



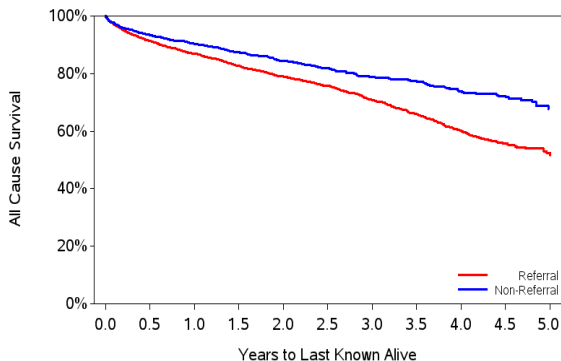
# FACILITY IMPACTS INFERENCE

- Odds Ratio for Cancer Status on Diabetes

Location	Odds Ratio	95% CI
All Facilities	1.69	(1.36, 2.10)
DUMC Only	1.46	(1.15, 1.87)
DRH Only	0.89	(0.63, 1.26)
LCHC Only	1.08	(0.74, 1.56)

# INFORMED PRESENCE III:

## REFERAL HOSPITALS ARE AN *Admixed* POPULATION



Number at risk  
Referral  
Non-Referral

5522	3307	2690	2159	1748	1360	995	697	474	282	65
2114	1532	1318	1110	882	697	519	387	262	171	64

# ADMIXTURE BIAS

- Comparison of Local and Referral Patients at Cardiac Catheterization Lab

Local Patients	Referral Patients
Older	Younger
More Comorbidities	More severe valve disease
Disease due to ageing	Disease due systematic factors
Better outcomes	More follow-up procedures

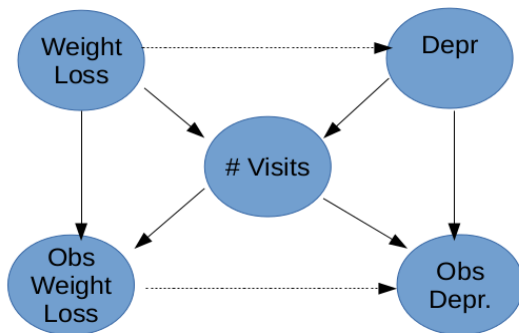


# INFORMED PRESENCE IV: NEED TO ACCOUNT FOR NUMBER OF ENCOUNTERS

## Regression of Depression on Weight Loss

	Odds Ratio	$\Delta \log(\text{OR})$	$\Delta \text{OR}$
Minimally Adjusted	3.98 (3.81, 4.17)	—	—
+ No. Encounters	2.37 (2.26, 2.50)	-0.52	-1.61
+ Comorbidities	2.82 (2.69, 2.96)	-0.35	-1.16
+ No. Encounters & Comorb	2.30 (2.18, 2.42)	-0.55	-1.68

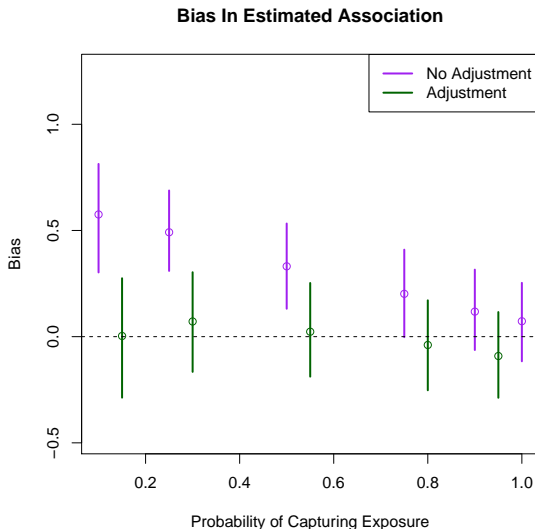
# NUMBER OF ENCOUNTERS POTENTIAL CONFOUNDER



# NEED TO ACCOUNT FOR NUMBER OF ENCOUNTERS

	Sensitivity	Median Number of Encounters	
		Without Condition	With Condition
Depression	56.3%	6	38
Weight Loss	9.3%	7	45

# NUMBER OF ENCOUNTERS POTENTIAL CONFOUNDER



1 STRUCTURE OF ELECTRONIC HEALTH RECORDS

2 RESEARCH WITH EHR DATA

3 CONCLUDING THOUGHTS

## EXTRA CARE NEEDED

- Need to be mindful from where the data come
- There is not always one way to turn raw data into analytic data
- Which data to *cut* is more important than how you analyze it
- New analytic techniques may be useful/necessary

# QUESTIONS TO ASK WHEN DESIGNING EHR BASED STUDIES

- Where in the health system are the data collected?
- What is the coverage/catchment area of your health system?
- Is the patient population receiving care across multiple institutions/centers?
- Do the data constitute different catchments? (Admixture)
- How are you defining exposures and outcomes? (Phenotyping)
- How are you defining person-time?
  - What is an appropriate burn-in period to define a cohort?
  - Is a burn-out period necessary to define censoring?
- Do different populations produce more information (i.e. sicker patients have more encounters)?

# ADDITIONAL FRONTIERS

- Micro-randomized trials
- Integration of external data
- Real time risk assessment



# IS IT ALL BAD?

## A LOT OF OPPORTUNITIES WITH EHRs

- More studies
- Cheaper studies
- Faster studies
- (Perhaps) More representative studies

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